

### WEIGHT WELLNESS PRODUCTS

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**ISALEAN™ SHAKE** – A tasty, convenient, low-glycaemic and nutritionally complete meal replacement available in canisters and packets.

- 24 g of high-quality undenatured protein supports lean muscle growth
- Excellent source of fibre to support weight management by keeping you full for longer
- Energy-fuelling carbohydrates, good fats and 21 essential vitamins and minerals to help you maintain good health
- 240 Cal per serve
- Available in canisters and packets in Creamy French Vanilla, Creamy Dutch Chocolate and Strawberry Cream. Chocolate Mint available in canister only

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**ISALEAN™ SHAKE PLANT-BASED** – A delicious, satisfying shake, without any animal products.

- 24 g of plant-based pea and rice protein per serve
- Suitable for a vegan lifestyle
- Designed to support weight management with only 280 Cal per serve
- Deliciously creamy Rich Chocolate and Vanilla Chai flavours

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**ISALEAN™ SHAKE KOSHER** – A low glycaemic, nutritious, balanced meal replacement that is Kosher Certified.

- 23 g of high-quality undenatured protein to support lean muscle growth
- Energy-fuelling carbohydrates, good fats and 21 vitamins and minerals to help maintain good health
- 250 Cal per serve
- Available in Certified Kosher canisters in Natural Creamy Vanilla flavour

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**CLEANSE FOR LIFE™** – Nourish your body while you cleanse with a blend of antioxidant botanicals, vitamins and minerals.

- An essential component for deep cleansing or Cleanse Days
- Contains over 10 nourishing vitamins, herbs and botanicals
- Supports the body's natural detoxification process
- Antioxidants to protect against the effects of oxidative stress
- 30 calories per serve
- All-natural ingredients with no artificial colours, flavours or sweeteners
- Available in Peach Mango flavour in powder and Natural Rich Berry flavour in powder or Kosher-certified liquid

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Only available in New Zealand.

**COLLAGEN BONE BROTH** – Delicious savoury bone broth aimed to support skin and joint health.

- 40-45 Cal per serving, 8 g of protein and 6.5 g of grass-fed collagen peptides
- Antioxidant Vitamin C to promote collagen production and overall health
- Savoury snack for your intermittent fasting
- Natural ingredients with no artificial colours, flavours or sweeteners
- Available in Roasted Chicken & Herb and Vegetable flavours

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**BĒA™ SPARKLING ENERGISING DRINK** – A refreshing, sparkling drink with a botanical boost.

- 100 mg caffeine naturally sourced from green tea
- 10 calories and less than 1 gram of sugar per serve
- Packed with adaptogens like ginseng, shiitake and maitake mushroom
- Made with raw nutrients and vitamins sourced from fruits and vegetables
- Refreshing berry Bondi Bellini flavour
- No artificial colours, flavours or sweeteners
- Ages 16+
- Twelve 355 mL cans per case
- Suitable for Cleanse Days

### ENERGY PRODUCTS

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**e+** - A healthy energy shot made with naturally sourced caffeine and adaptogens.

- Plant-based caffeine from green tea and yerba mate boosts energy without causing jitters
- Long-lasting energy to help fuel exercise performance with only 35 Cal per bottle
- Contains no artificial colours, flavours or sweeteners
- Available in Raspberry and Lemon Lime flavours

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**IONIX® SUPREME** - A unique tonic that helps buffer the body from the effects of physical, environmental and life stress.

- A combination of adaptogens, antioxidants and nutrients help balance your body's systems and support overall energy
- Strengthens your body's ability to manage the effects of stress
- Natural botanicals help support better mental and physical performance
- Contains no artificial colours, flavours or sweeteners
- Available in powder or liquid

### PERFORMANCE PRODUCTS

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**ISAPRO™** - A source of high-quality, undenatured whey protein to add to Shakes or meals.

- Aids in post-workout recovery and muscle building and maintenance
- Less than 3 g carbohydrates and only 150 Cal per serve
- 27 g of whey protein concentrate per serve, in delicious Vanilla flavour

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**AMPED™ NITRO** - A pre-workout drink designed to offer athletic support by preparing your body before training and helping to improve strength, stamina and performance.

- Creatine supports performance during intensive exercise by increasing availability of energy to muscles
- Nitrosigine® and caffeine help boost energy and focus for optimal training
- Formula contains function-enhancing ingredients designed to be taken before a workout

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**AMPED™ NOX** - The perfect pre-workout shot to help prime muscles for maximum performance during high-intensity exercise.

- Nitrates from fruit and vegetable extracts help give you stamina during training
- Polyphenols from grape, cherry, pomegranate and apple juice support overall health
- Boost energy, reduce fatigue and improve performance

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**AMPED™ HYDRATE** - A refreshing sports drink mix that helps to hydrate and sustain your body's energy for peak performance.

- A natural fuel for the body, helping you to sustain your energy without caffeine or stimulants
- Electrolytes replace those lost during exercise
- Contains Betacarotene and C and B-Complex vitamins to help replenish energy levels
- Contains only natural ingredients and no artificial sweeteners or colours
- Available in Juicy Orange and Lemon Lime flavours

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**AMPED™ BCAA PLUS** - Loaded with amino acids to help you create lean muscle and sustain energy levels during workouts.

- Blend of BCAAs, L-glutamine, L-carnitine and more
- 45 calories, 7 g carbs and just 5 g sugar
- Made with natural ingredients and no artificial colours, flavours or sweeteners
- Stimulant-free

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### ISALEAN™ PRO – A complete meal replacement shake with 36 g of undenatured protein.

- High-protein nutrition helps to satisfy cravings and break through weight-loss plateaus
- 36 g of undenatured whey and milk protein promotes lean muscle growth and maintenance
- Branched-chain amino acids naturally boost and maintain muscle growth while helping to speed post-workout recovery
- Adding more quality protein to your diet can help to slow age-related muscle wastage
- Available in Natural Chocolate, French Vanilla and Strawberry Cream packets and canisters

## SUPPLEMENTS

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### ISAFUSH™ – A supplement designed to support regularity with natural cleansing herbs.

- Support for a balanced, regular digestive system and a healthy gut
- Natural ingredients like peppermint leaf and black walnut encourage digestive regularity
- Contains magnesium which may help to relax intestinal muscles
- Contains no laxatives or stimulants

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### NATURAL ACCELERATOR™ – A safe, natural supplement to support healthy protein and fat metabolism.

- Natural thermogenic ingredients, including cayenne and green tea help increase energy
- Alpha-lipoic acid converts glucose into energy to support healthy metabolism
- Contains no stimulants that cause flushed or jittery feelings

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### AGELESS ACTIVES™ – A daily supplement to help meet the nutritional needs necessary for healthy ageing.

- Vitamin D3 helps enhance calcium absorption and supports heart and immune health
- Resveratrol is a powerful antioxidant that helps fight free radicals
- CoQ10 helps generate energy within cells

**WARNING:** If on warfarin therapy, do not take without medical advice. Not suitable for children. If you are pregnant, breastfeeding, have any medical condition or are beginning a weight control program, consult your GP before using this product or any other dietary supplement. Vitamin supplements should not replace a balanced diet.

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### ESSENTIALS FOR MEN™ – Powerful multivitamin and mineral formula specifically designed to sustain and promote the best possible health for men.

- Ingredients such as zinc and selenium help support prostate health
- B vitamins help support a healthy immune system

**NOTE:** This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek medical advice. Vitamin supplements should not replace a balanced diet. For ages 18+.

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### ESSENTIALS FOR WOMEN™ – Powerful multivitamin and mineral formula specifically designed to sustain and promote the best possible health for women.

- Extra forms of Calcium and B vitamins support strong bones and increased energy
- Promotes healthier hair, skin and nails
- Contains bioflavonoids and antioxidants to assist with energy production and help maintain a healthy nervous system

**NOTE:** This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek medical advice. Vitamin supplements should not replace a balanced diet. For ages 18+.

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### ISAOMEGA™ – A pure, high-quality fish oil sourced from small fish in deep Pacific waters.

- Contains 2000 mg of Omega-3 essential fatty acids in each serving (2 softgels), meeting the National Heart Foundation's recommended daily intake
- Pleasant lemon flavour — no fishy aftertaste
- Supports brain, heart, eye and joint health

**SOURCE:** National Heart Foundation Position Statement, November 2008. <http://www.heartfoundation.org.au/sitecollectiondocuments/fish-position-statement.pdf>

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### ISAGENESIS™ – A powerful formula of complex botanicals and vitamins.

- Contains 25 botanicals and minerals and is designed to offer antioxidant support to aid in reduction of oxidative stress
- Soft-gel capsules improve absorption for better delivery to cells

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### COMPLETE ESSENTIALS™ WITH ISAGENESIS™ – Complete whole-body nutritional support in convenient AM and PM packs.

- A combination of four expertly formulated supplements containing antioxidants, vitamins, minerals and omega-3 fatty acids
- Each pack contains 2 IsaGenesis, 2 Essentials for Men or Essentials for Women, 2 Ageless Actives and 1 IsaOmega
- More cost effective than purchasing supplements individually

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### GREENS™ – Minty fresh Organic Greens to supplement your daily vegetable intake.

- Two serves of organic vegetables per scoop
- Non-GMO, plant-based and suitable for vegan diets
- 30 calories per serving & no added sugar
- Source of fibre and iron
- Perfect for the whole family including kids ages 4+

### SNACKS & SMALL MEALS

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**ISAKIDS SUPER SMOOTHIE** – Provides just the right amount of nutrition kids need to help their growing bodies.

- 12.7 g of Australian undenatured whey protein and milk from cows
- Calcium and fibre for strong bones and happy bellies, and iron for healthy growth and development
- Great source of antioxidant vitamins A, C and E to fight off free radicals
- Suitable for ages 4+
- Available in Strawberry Blast and Ice Cream Cookie Crunch flavours

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**ISALEAN™ BAR** – Nutritionally balanced, on-the-go bars that satisfy hunger.

- High-quality protein, minimal calories and maximum nutrition to help curb hunger while supporting weight management and muscle building
- Available in four delicious flavours (Chocolate Cream Crisp, Chocolate Decadence, Nutty Caramel Cashew and Lemon Passion Crunch)
- Provides sustained energy during exercise

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**ISALEAN™ BAR PLANT-BASED** – A nutritious bar with premium plant-based protein.

- On-the-go nutrition alternative for plant-based lifestyles
- 19 g high-quality protein from pea and brown rice per serve
- Contains energy-fuelling carbohydrates, 8 g dietary fibre and good fats
- Supports healthy weight and lean muscle maintenance while leaving you satisfied
- Available in delicious Chocolate Peanut Butter and Chocolate Berry Bliss flavours

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**ISAGENIX SNACKS™** – Bite-size, chocolate-flavoured chewable wafers to help satisfy cravings, especially on Cleanse Days.

- Protein and chromium help curb appetite while supporting healthy blood sugar
- Only 30 Cal per wafer
- Contains no stimulants and no artificial colours, flavours or sweeteners

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**ISAGENIX SNACKS™ PLANT-BASED** – Bite-size, berry-flavoured chewable wafers featuring plant-based protein.

- Pea protein and chromium help curb appetite while supporting healthy blood sugar
- Only 30 Cal per wafer
- Contains no stimulants and no artificial colours, flavours or sweeteners





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**FIBRE SNACKS™** – A healthy, gluten-free snack containing a premium mixture of soluble and insoluble fibre.

- 6 g of fibre per bar to support a balanced digestive system
- Contains soluble and insoluble fibre to promote regularity
- 6 g of undenatured protein helps keep you satisfied between meals
- Delicious Peanut Chocolate Chew flavour

 <p><b>K</b></p>	<p><b>SLIM CAKES™</b> – Tasty, low-calorie, nutritionally packed snacks that support heart and digestive health and help curb hunger.</p> <ul style="list-style-type: none"> <li>• Contains 5 g of fibre and omega-3s from whole oats, inulin and flaxseed</li> <li>• A delicious blend of antioxidant-rich blueberries and cranberries</li> <li>• Low in fat and cholesterol – fewer than 100 Cal per serve</li> <li>• Sweetened with natural agave</li> </ul>
 <p><b>K</b></p>	<p><b>ISADELIGHT™</b> – Deliciously rich chocolates containing feel-good nutrients and green tea.</p> <ul style="list-style-type: none"> <li>• Specifically formulated with green tea extract, amino acids, antioxidants, B vitamins and minerals to help ease hunger and sugar cravings, especially on Cleanse Days</li> <li>• Just 60 Cal per serve</li> <li>• Available in Dark Chocolate, Milk Chocolate and Milk Chocolate with Sea Salt and Caramel flavour</li> </ul>
 <p><b>SF</b> <b>GF</b> <b>K</b></p>	<p><b>WHEY THINS™</b> – Delicious, savoury, protein-packed snacks in convenient, 100 Cal servings.</p> <ul style="list-style-type: none"> <li>• Portion-controlled protein snacks designed to satisfy hunger between meals</li> <li>• Support weight loss and lean muscle maintenance</li> <li>• 10 g whey protein per serve, as well as good fats and energy-boosting carbohydrates</li> <li>• Available in Cheddar and Tomato &amp; Basil</li> </ul>
 <p><b>SF</b> <b>GF</b> <b>DF</b> <b>V</b> <b>K</b></p>	<p><b>HARVEST THINS™</b> – Kick the chip habit with savoury, plant-based, protein-packed snacks in convenient, 100 Cal servings.</p> <ul style="list-style-type: none"> <li>• Perfectly portioned with only 100 Cal per packet</li> <li>• 11 g plant-based protein to help keep hunger at bay</li> <li>• Available in Thai Sweet Chilli flavour</li> </ul>

\* These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your GP before using Isagenix products or making any other dietary changes. Discontinue use if adverse events occur. Vitamin supplements should not replace a balanced diet. Always read the label. Use only as directed.